

January 1, 2018



SETON CENTER

CENTER for INTERGENERATIONAL PROGRAMMING

1900 Pioneer Avenue

Pittsburgh, Pa. 15226

NEWSLETTER

Wishing You Happiness



and Good Health!

SENIOR Events in January – must be 60 years of age or older

Bingo Mondays in January (and every Monday following) from 10:00 AM – 2:00 PM
We will play 16 games of bingo. Winner of each game will receive \$5.00, and there will be one \$25.00 jackpots.
Lunch will be provided.
Cost: \$5.00 per person

Meadows Casino Monday, January 15, 2018 (*weather permitting*)
Van leaving Seton Center at 9:00 a.m., returning at 4:00 p.m. (vans are not handicap accessible)
\$20.00 of free play and \$5.00 in food to each player provided 20 people attend
Must have photo ID
Cost: \$5.00 **RESERVATION NEEDED (only 24 openings)**. Please contact Seton Center at 412-344-4777

Winter Blues Bingo Monday, January 22, 2018 at Seton Center
10:00 a.m. to 2:00 p.m.
1 - \$75.00 Jackpot, 2 - \$50.00 Jackpots, 14 \$5.00 Games and additional prize on lucky number 15
Reservation needed
COST: \$7.00

National Aviary We are thinking of planning a trip to the National Aviary in Pittsburgh late March or early part of April.
The cost of \$20.00 (group of 15 required) will include admission to the Aviary, transportation and a pizza lunch at Seton Center. If you are interested
Please contact Seton Center at 412-344-4777

Save The Date Mardi Gras Bingo with a touch of Sweetheart
February 14, 2018
GREAT PRIZES

ADULT DAY SERVICE Events in December

COMMUNITY Starts January 1, 2018
HEALTH For more information please call
CHOICES Seton Center: 412-344-4777

NOTES FROM I will be creating a care plan individualized for each client. These care plans are reviewed with staff and families to
NURSE "JJ" ensure the best possible care for each client.

It is a state requirement that all clients must have a physical done every year and a TB test every 2 years. When you receive a form from my office please give it your utmost attention. Thank you for your cooperation.

CRAFT Adult Day Service and Senior Center craft will be a Snowperson

SANTA VISITS SETON CENTER





HARTWOOD ARCERS TRIP



CHRISTMAS BINGO PARTY





January always brings with it good intentions. We think of January as a new beginning, the time to start over and make changes. So, the last day of the year we pause and look at our inner spirit and our physical appearance and do an evaluation. We then make a resolution that something is going to change and the next day somehow we are going to work magic and improve either in our attitude or our looks. We are determined to begin a new year with a "new me". Our intentions are all good, however, in most cases they are not long lasting. In our enthusiasm to greet the New Year as a new person we become, to a certain extent, unrealistic.

During this season we often hear things like "Ring out the old, bring in the new." It's almost like saying abandon the past and dwell on the future. As if the past no longer has value and all our focus should be on the future. This is not the message of our picture. In this picture the past welcomes the future and the future grasps the hand of the past. Our history is something we take with us into the future. It is what made us the person we are today. Hopefully, we learned from our mistakes and successes and we carry this knowledge into the New Year. The old and the new go together hand in hand. In reality there is no separation, there is no starting over anew. We walk into the future with the experience and wisdom of the past that will help to make us a better person. Richard C. Woodsome once said "You can never change the past. By the grace of God, you can win the future. So remember those things which will help you move forward, but forget those things which will only hold you back."

So to all of you from the staff at Seton Center enjoy the transition from 2017 to 2018. Be thankful for the lessons from the past and may the new year bring you many blessings and happy memories

Sister Barbara Ann Boss
President.