

April 1, 2018



SETON CENTER

CENTER for INTERGENERATIONAL PROGRAMMING

1900 Pioneer Avenue

Pittsburgh, Pa. 15226

NEWSLETTER

SENIOR Events in April – must be 60 years of age or older

Bingo Mondays in April (and every Monday following) from 10:00 AM – 2:00 PM **(No regular bingo on March 26th)**
We will play 16 games of bingo. Winner of each game will receive \$5.00, and there will be one \$25.00 jackpot.
lunch will be provided.
Cost: \$5.00 per person

SUPER BINGO Monday, April 16, 2018
10:00 a.m. – 2:00 p.m.
1-\$75.00 jackpot, 1-\$50.00 jackpot, 7- \$10.00 bingos and 7- \$5.00 bingos
Lunch will be served
Reservation required, please call: 412-344-4777

Spring Fling Day Bingo Party Monday, April 23, 2018
10:00 a.m. – 2:00 p.m. **Reservation required, please call: 412-344-4777**
Homemade Lunch Served
1-\$100.00 Jackpot, (if 60 or more people attend the Spring Fling Bingo the jackpot will jump to \$250.00)
2-\$75.00 and 2-\$50.00

CCAC Recreational Games Classes at Seton Center
Learn to play Mahjong
Thursday, April 5, 12, 19, 26, 2018
1:00 a.m. to 3:00 p.m.
Please call to register 412-344-4777

National Aviary National Aviary in Pittsburgh
Wednesday, April 11, 2018
The cost of \$15.00 (group of 15 required) includes admission, transportation and a pizza lunch at Seton Center.
Reservation required, please call: 412-344-4777

CCAC Healthy Cooking Classes at Seton Center
Monday, April 9, and 16, 2018
1:00 p.m. to 3:00 p.m.
Please contact Seton Center at 412-344-4777

CCAC Classes at Seton Center
Fraud Forgery, Racketeering, Assignments that are phony, Usury, Destruction
Wednesday May 2, 9, and 16, 2018
6:00 p.m. to 7:30 p.m.
Please call to register 412-344-4777

SAVE May 7, 2018 – Super Bingo
THE May 19, 2018 – Come Celebrate Great Americans Day, Cocktail Party for you!
DATE June 11, 2018 Super Bingo
June 25, 2018 Summer Party

ADULT DAY SERVICE Events in April

COMMUNITY Started January 1, 2018
HEALTH For more information please call
CHOICES Seton Center: 412-344-4777

NOTES FROM I will be creating a care plan individualized for each client. These care plans are reviewed with staff and families to
NURSE "JJ" ensure the best possible care for each client.

It is a state requirement that all clients must have a physical done every year and a TB test every 2 years. When you receive a form from my office please give it your utmost attention. Thank you for your cooperation.

CRAFT Adult Day Service and Senior Center craft will be a Spring Wreath

TAKE A LOOK AT THE BRIGHT SIDE

On occasion we who have spent a number of years in this life tend to give younger people the advice "Don't grow old" as if there was no joy in it. Believe it or not growing old has its bright side.

Did you know that as one grows older, their gift of creativity does not diminish it is something that continues to increase? I have seen this proven on many occasion as I witness the interaction between the younger and senior members of the Theater Group. The younger members have learned so much from the more experienced members. When a question arises, the younger members sit in amazement at the creative ways their senior co-workers can solve a problem. What may be "old hat" to one person becomes a "bright light" to another.

Another advantage to aging is that our ability to cope increases and our stress levels decrease. Now, what young person won't think this was something to look forward to. As we grow through the many experiences of life, especially the stressful times, we learn how to cope and move on with our lives. What a wealth of comfort and advice the senior members of our society have to share with those struggling with life situations.

As one grows older we also tend to look back on people and events that we are grateful for and with age that gratitude deepens. One comes to realize that we have become who "we are" because of the role special people and events have played in our lives. The people who believed in us, encouraged us, and gave us hope, events that brought happiness and joy and those that taught lessons in life.

The best gift of aging is that our capacity to love increases. The older one becomes the more they love. Can you imagine what the world would be like if senior members of the community would impart this virtue to the younger generation? It could be that the elderly would be responsible for bringing peace to the world.

Growing old doesn't look so bad when we look at the bright side, does it?

Sister Barbara Ann Boss

Saint Patrick's Day Party



Celebrating 101 Years of Age

Easter Craft

